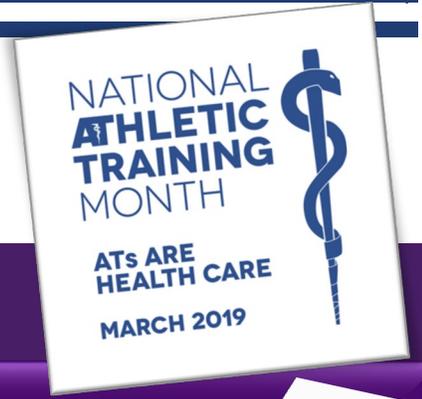


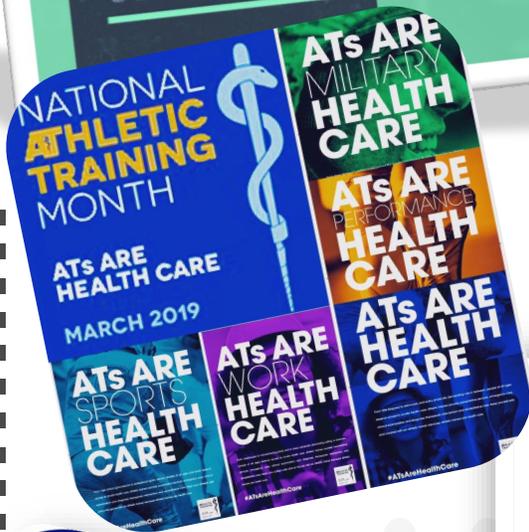


# L A G N I A P P E

2019 | SUMMER | VOLUME 1



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Click the images, & by our SnapCode to follow us.  
More coming soon.

# January News

## Winter Business Meeting Highlights

Hosted at University of Louisiana at Lafayette

26 people attended the WBM at ULL

LATA President Cary Berthelot announced NATA awarded the organization a 7,500 Legislative Grant. President Cary Berthelot also updated members on the SWaG Meeting where members came together to identify weaknesses and strengths, so be looking out for ways to get involved. Also announced that the college and high school symposium is in conjunction with NO Saints student symposium in March.

## WBM Committee News

### Committee Reports:

**Member-At-Large:** Lennis Watson was looking for ideas for 30 plus service awards. If you have any thoughts, contact the executive committee.

**Governmental Affairs Committee:** Raymond Raphael informed the members that our efforts to be added to the Medical Malpractice Act, authored by Rep. Pugh, passed the House but not the Senate. We are regrouping and strategizing. Look out for efforts on how you can help.

**Secondary School Committee:** Proudly announced 12 schools received Safe Sports Schools Award in 2018.

**Organizational Affairs** is continuing to revise and update bylaws and policies and procedures.

**PR Committee:** Vanessa West discusses the highlights of the SEATA SWaG meeting. SEATA PR is working on streamlining communication between state, district, and national organizations. Several new marketing and PR ideas are being discussed such as postcards for superintendents and legislators, promotional videos for our YouTube channel, and increasing our social media presence. Logistics are still being worked out.

**HOF Committee** has chosen two candidates.

### Changes in Committee Chairpersons

The announcement of several committee chairperson changes surprised WBM attendees. Dr. Randy Aldret announced he was resigning as Education Director to pursue a fantastic opportunity with NCAA softball. Longtime Secondary School Committee Chairperson Alex Dibley decided to step down, and Rene Ponsaa has stepped up to lead the committee to new heights. Lastly, the Hall of Fame Committee has a chairperson change. Doc Goodwin made the difficult decision to step down as committee chairperson allowing Doc Murphy to lead the committee now. Doc Goodwin said, "It has been a joy to honor those who came before us." LATA thanks all of you for your service, and we cannot be where we are today without your hard work and dedication.



Thank you to Epic Education for a thought-provoking presentation on the foundation and importance of embedding EBP into our practice at ULL before our WBM. The biggest takeaways are the increased opportunities for the "spirit of inquiry," a correct combination of research and experience EBP provides. Through utilizing mentorships and networking, we can close the "17-year" research gap. Using data and the latest research to make "conscientious, explicit, and judicious...decisions about patient care empowers athletic trainers, as well as strengthens the relationships between newly certified and experienced athletic trainers.

EPIC Offered EBP Opportunity Prior to Winter Business Meeting & Made Donation to LATA

January News



{SEATA SWAG MEETING}

On January 12, 2019, both President Cary Berthelot and Public Relations Committee Chairperson Vanessa West attended a SEATA Strategic Workgroup and Guidance or SWaG meeting in Birmingham, Al where committee members and state executive committee members came together to identify weaknesses and capitalize on strengths of our committees, associations, communication and needs of the members. Be on the lookout for more information about opportunities for your committees and LATA from SEATA.



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# March News

## Community Event

March 11, 2019, JD Boudreaux, Ed. D., PT, LAT, ATC, SCS, who owns EPIC Education and Consulting, presented to a room of baseball and softball coaches on health and safety initiatives in youth sports at Youngsville Recreational Sports Program in Youngsville, Louisiana. Thank you, JD, for continuing one of our vital safety missions educating the parents, coaches, and athletes in making safe sports a priority. If you are interested in having JD present contact him at [boudreauxjd@gmail.com](mailto:boudreauxjd@gmail.com)



### LATA, New Orleans Saints Athletic Trainers, and Acadian Ambulance Team Up for Student Symposium

March 23 saw a collaboration between three critical entities in the sports medicine world. LATA, Saints head athletic trainer Scottie Patton, and Acadian Ambulance were all on hand at the 6th annual high school and college student symposium. The all-day event at the Saints facility saw 140 students immersed in the culture and environment of being an athletic trainer. Morning sessions included lectures on anatomy, biomechanics and academic requirements at various programs in the state. Afternoon sessions allowed students hands-on experiences with modalities, taping, and Acadian Ambulance leading Spine boarding and CPR labs. The yearly event allows Acadian Ambulance and athletic trainers to collaborate on protocols and language to better treat on the field emergencies. Everyone hopes that next year will grow larger. For more information on next year's event, please check our calendar of events.



Images from Saints and LATA Student Symposium are from [Neworleanssaints.com](http://Neworleanssaints.com)



# APRIL NEWS

## NATA Capitol Hill Day Unveils New Path for 3<sup>rd</sup> Party Billing

President-Elect JD Dunavant traveled to Washington DC for Capitol Hill Day where he had the honor of meeting with [District 5 Representative Abraham](#) and staff of [Senator Kennedy](#). The two-day event, April 2-3, was eye-opening and productive for President-Elect Dunavant. NATAPAC has revealed a new 3<sup>rd</sup> party billing strategy. Currently, athletic trainers are utilizing their skills on military bases, but under a different title or not being as a billable service. In researching legislative strategies, NATAPAC discovered if one government agency recognizes a health care professional as billable, then it is more difficult for other government agencies to deny allowing athletic trainers to receive 3<sup>rd</sup> Party Billing. Since ATs are working on military bases, NATAPAC will work to add athletic trainers to the Department of Defense definition of approved allied health providers. These exciting developments speak to the determination and hard work of our State, district, and national initiatives. SEATA pays for two members of each District 9 State to go to NATA Capitol Hill Day. If you are interested, please let the executive board know.

## LATA Capitol Hill Day

April 23, 2019, LATA spent the afternoon in Baton Rouge at our State Capitol. After giving the legislatures LATA first aid kits, members listened to our resolution in both the House and Senate. Some members met individually with their legislators, while others continued to advocate and inform the general members of the House and Senate. Following a successful event in the State Capitol, LATA was once again invited to be a part of the annual Plaquemines Parish seafood celebration after the day's session. Here members could eat Louisiana seafood prepared by various Louisiana restaurants and socialize with members of the state legislature in a more relaxed setting. The day's events were successful and hopefully will lead to a continued relationship with Plaquemines Parish and more advocacy for LATA.



# MAY & JUNE NEWS

## Summer Business Meeting

Much of our summer business is a continuation of our WBM. President Berthelot reminds the membership about NATA in Vegas and our Capitol Hill Day. President-Elect Dunavant announced he is bringing back "Charlie Martin Classic July 19th. It will be a 4-man scramble. The announcement of Lennis Watson, moving out of state, and Chris Brister will be replacing him was met with mixed feelings; happiness for both men in their new endeavors and sadness for Lennis no longer being in the state. Make sure you update your years of service. Also announced, BJ Duplantis stepped down as Governmental Affairs Committee ChairPerson; Gerard White will take over the helm. Past President Arceneaux reported he, several Executive Committee members and Dr. Harper are working with the Korey Stringer Institute to meet with several stakeholders, LHSAA, LHSCA, etc. New developments are in our future.

UConn UNIVERSITY OF CONNECTICUT

Korey Stringer Institute



### COMMITTEES NEWS:

**GOV. AFFAIRS:** WILL BE CREATING TALKING POINTS TO USE WHEN ADDRESSING YOUR LEGISLATOR. THE COMMITTEE IS ALSO ASKING YOU TO ENGAGE WITH YOUR LEGISLATORS THROUGHOUT THE YEAR.

**SECONDARY SCHOOL COMMITTEE:** IS REVIEWING THE KSI ATLAS PROJECT GOAL IS TO BE AT 100% BY OCTOBER 2019.

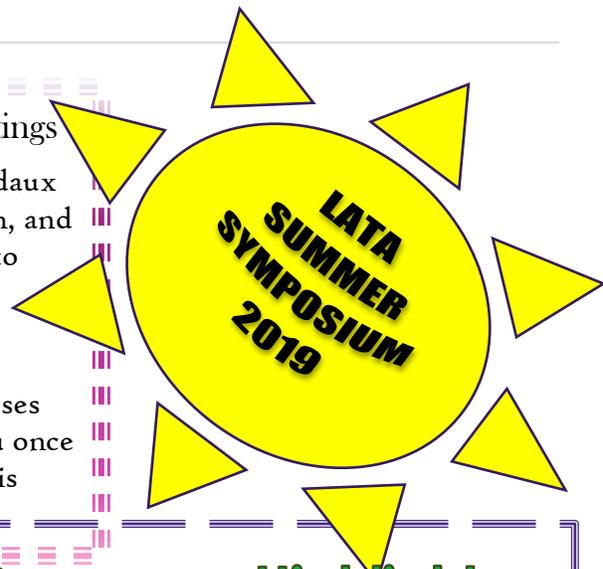
**PR COMMITTEE** IS ASKING FOR EVENTS, NEWS, INFORMATION, PICTURES, AND IDEAS FOR NATM 2020. THERE WILL BE MORE COMMUNICATION TO THE MEMBERS FROM PR.

**HOF COMMITTEE:** SAINTS ARE REMODELING THEIR FACILITY AND OUR DISPLAY AT THEIR EXPENSE.

**SEATA REPORT:** NATA 2020 IS IN ATLANTA; NATA 2021 IS IN ORLANDO; PLEASE LET GERARD KNOW IF YOU HAVE ANY ISSUES OR SUGGESTIONS FOR HIM FOR SEATA

## Thibodaux Regional Wellness Center Hosts Great Summer Meetings

May 30-June 1 was LATA Summer Symposium at the brand new Thibodaux Regional Wellness Center. The 5th floor played home to the symposium, and exhibit hall. The conference floor allowed us to spread out, have access to presentations in adjacent rooms, and latest in technology. Thibodaux Regional Wellness Center could not have been more hospitable with its excellent breakfast, lunch, and impressive snacks throughout the day. However, the staff went even one step further by giving us all access passes for the week to even the facility's pool, gym, and yoga room. Thank you once again Thibodaux Regional Wellness Center. Hosting a convention here is highly recommended!



## Awards Ceremony Highlights

The beautifully bricked event space The Foundry on the Bayou played the perfect host to our deserving award ceremony, our award winners an ideal location to celebrate. Earl "Bubba" Porche Service Award went to LSU student Savannah Knighton. Our scholarship award, Eugene Christmas Award, was deservedly won by Zachery Standiford from ULL. Gordon Reynolds High School AT of the Year went to none other than Alex Dibbley. President Cary Berthelot awarded two honors at the ceremony. First she gave Patrick Maloney the Clinic/Outreach Athletic Trainer Award; secondly, Dr. Chris Rich was posthumously awarded the Sports Medicine Person of the Year President's Award of Merit. Congratulations also go out to President Cary Berthelot for her NATA Service Award and Dr. Gregory Stewart for Honorary NATA Membership. Special recognition was given to Scott Arceneaux for being an outgoing SEATA Board member, and our outgoing committee chairs, Randy Aldret, Alex Dibbley, and Robert Goodwin. The highlight of the night was this year Hall of Fame Inductees; Diane 'Scotti' Vermaelen, and Dr. Ray Castle. Both have had distinguished careers and groundbreaking service to LATA Executive Committee.

CONGRATULATIONS



## SUMMER SYMPOSIUM WRAP-UP

This year's symposium saw several diverse topics, from new internal brace techniques to technology to help in the ATR and at home to mental health. Some of the biggest takeaways were that society is changing and we need to keep up. Whether it be knowing the rules and laws on CBD oils or what the latest technology is that it can ease our daily tasks, we need to stay connected to current events of all types. Most importantly, where are we in our profession, and what are we doing to progress it for 2020 graduates? What are our administrative responsibilities in catastrophic emergencies? During the East Meets West talk, the speaker Gabriella DeLorenze said she tells her clients her intentions. My intention is for you to feel this in your hamstring. In a way, that thought sums up the weekend; what is your intention? Another uncommon talk was from Dr. Konin on Cannabis and CBD oils. While there are still huge controversies here, the misconceptions are vast. Our weekend ended discussing mental health in athletes. JD Boudreaux from EPIC brought to light various conditions in athletes and differences between settings. For a full break down of talks, please see the next issue.



**SAYS**



## CONGRATULATIONS TO THE 2018-2019 SAFE SCHOOLS

### 2019

- Northlake Christian, Covington*
- Lakeshore High School, Mandeville*
- Fisher Middle High School, Lafitte*
- Grace King High School, Metairie*
- St. Augustine High School, New Orleans*
- St. Martin's Episcopal School, Metairie*
- Ursuline Academy, New Orleans*
- Archbishop Chapelle High School, Metairie*
- Fontainebleau High School, Mandeville*

### 2018

- Archbishop Hannan High School, Covington*
- Covington High School, Covington*
- Mandeville High School, Mandeville*
- Metairie Park Country Day School, Metairie*
- Ouachita Parish High School, Monroe*
- Pine Junior/Senior High School, Franklinton*
- Varnado High School, Angie*

### 2017

- University Lab School, Baton Rouge*

### 2016

- Brother Martin High School, New Orleans*
- St. Amant High School, Saint Amant*

### 2014

- Sam Houston High School, Moss Bluff*

### 2013

- Saint Amant High School, Saint Amant*
- University Lab School, Baton Rouge*

[Complete list found here](#)



Thank you to Thibodaux Regional for hosting one of the best summer symposiums in years. The Wellness Center of Thibodaux Regional is simply breathtaking. Don't forget to like them on Facebook; click below. For more information click the Thibodaux Regional logos, or the hyperlink



Thank you to NOLA Gold Rugby for the AT Appreciation Day on March 23! For more information on the team, or tickets click the image



# Awesome **AT** Work



## Nichole Labowe is AHA Heartsaver Hero

Nichole [Labowe](#) was simply leaving a tournament when she came upon a driver in distress. Along with a nurse, they worked tirelessly doing CPR to revive the driver until EMS arrived with the AED. The Oschner athletic trainer is originally from Washington State. Labowe earned her athletic training degree from Louisiana College, and a Master's Degree of Science in Athletic Administration from Mississippi College. Her career has allowed her to work with athletes from all arena from club level to tactical; her talents even extend to the classroom at Delgado Community College. Thanks, Jordan Blough for helping brag on a fellow AT.

For more information on Nichole click the following Links [Nichole's Oschner Contact Information](#) [Nichole Labowe Bio](#). Know someone who has saved a life with an AED or through CPR click here for [AHA Heartsaver Hero Form](#)

Congratulations to Wydrick Hardick who was highlighted in [St. Mary Now](#) and [Daily Review](#) by [Louisiana Athletic Care](#) during NATM this past March. AT's Are Healthcare



Congratulations to Lance Champagne for being awarded Red River Athletic Trainer of the Year for the second time in five years. Lance, who serves as chair for RRAC athletic trainers, has been at LSU Shreveport for 15 years. Chosen by his peers in the conference, the honor solidifies Lance's high level of personal conduct and professionalism to colleagues, other allied health professionals, and students-athletes. For more information click the image below



# IN MEMORIUM

The early part of 2019 has seen the loss of some important people in Athletic Training. You will always be in our thoughts, and prayers, we all know we would not be where we are without the hard work or those before us.

## Dr. Christopher Rich



LATA Hall of Famer, Dr. Chris Rich, Loses Battle with Liver Cancer.

Dr. Chris Rich passed away January 19, 2019 of liver cancer. The renowned physician made an indelible mark on Louisiana sports medicine in the Natchitoches area by establishing long running programs at Mid-State Orthopedic and Sports Medicine Center, and spearheading high school physical day, now called Chris Rich High School Physical Day. He was the team doctor for 44 high schools and Northwestern University Louisiana. Dr. Rich was the President of Louisiana Orthopedic Association, an organization from which he received Lifetime Achievement Award, and Outstanding Leadership Award. Both LATA and NSU Athletics presented Dr. Rich with awards, Hall of Fame inductee, and Distinguished Service Award Winner, respectively.

The family has requested donations in memory of Dr. Rich to the Christopher Rich Scholar Athlete Foundation C/O Red River Bank Attn: Ann B. Silver 1412 Centre Court Dr. Suite 101 Alexandria La 71301

For more information on Dr. Rich click here: [Kalb.com](http://Kalb.com) [Natchitoches Parish Journal](http://Natchitoches Parish Journal)



[Lynn Williams]

[Leonard Wiltz]



### Ragin Cajun Athletic Department Loses Two Key Members

[Klfy.com](http://Klfy.com) reported Lynn Williams and Leonard Wiltz died in March. Combined both men had over 70 years of experience at UL, and both were institutions in the athletic department. Lynn was said to not only enjoy but love going to work. Leonard was already with smile and joke. Their dedication to the job was vital to the athletic training department, and he will be missed. You can hear the impact Lynn Williams had on LATA's own BJ Duplantis here [Ragin Cajun Radio](http://Ragin Cajun Radio).

# UPCOMING Events



District One: Mandalay Bay D  
 District Two: South Seas B  
 District Three: South Seas E  
 District Four: South Seas H  
 District Five: Mandalay Bay J  
 District Six: South Seas F  
 District Seven: Mandalay Bay I  
 District Eight: Mandalay Bay H  
 District Nine: Mandalay Bay K  
 District Ten: Mandalay Bay L

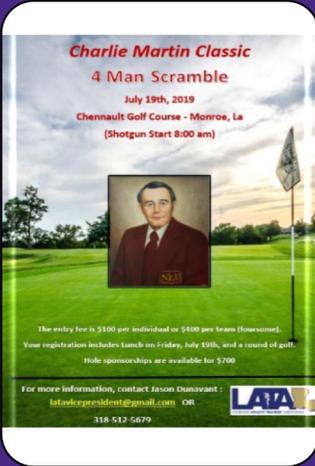


## NATA EVENTS

- NATA 24-27 Las Vegas
- 6-25 SEATA Meeting 5:30
- EDAC, no CEU's
- 6-24 Community Service Projt 8-11am; Comm Day 12—3pm
- 6-26 Town Hall and Social 7pm
- 6-27 Educational Session 7-9am



## JULY EVENTS



- **July 13:** BR by  6 EBP: Foundations of EBP; Proper Mgmt of Ankle Sprains in Competitive Athletes, & Prevention & Rehab of Elbow Injuries in Competitive Overhead Athletes. Peak Performance Industriplex Blvd Baton Rouge La. For tickets go to [www.johnboudreaux.wufoo.com](http://www.johnboudreaux.wufoo.com)
- **July 19:** Charlie Martin 4 Man Scramble
- Go to <http://www.latainc.org/event-3445177>

If you know of any events, CEUs, community events, new athletic trainers to highlight, someone to congratulate, or a school to spotlight email [lataprchair@gmail.com](mailto:lataprchair@gmail.com), your regional rep, or the executive board the information to put it on the calendar. Link to use to sync to your phone calendar below. Also put pictures and information, links or short descriptions in the google drive folder below or onedrive folder below.

Google Links: [Google Calendar Link](#) [Google Drive Folder for Pictures and Links etc](#)

If you can't use Google products regularly try Microsoft OneDrive [OneDrive PR Folder](#) [Microsoft's Google Subscribe to OneDrive Calendar Here.](#)



LATA Celebrates

Friends & Family

LATA HALL OF FAME  
2019  
RAY CASTLE  
PH.D., LAT., ATC