



LATA Lagniappe

Summer 2011

Letter from the President

A Message from Gerard White

Dear Colleagues,

I hope your summer was good and that you were able to "get away" before the hustle and bustle of football and the new school year!! I want to express my gratitude to all Tulane Institute of Sports Medicine Athletic Trainers for your hard work and dedication to the recent NATA convention, as well as all of the LATA Lagniappe Committee volunteers who helped with welcoming our fellow athletic trainers to New Orleans. (The beads and koozies were a huge success!!! thanks to Louisiana Athletic Care!)

Please keep up with the latest news and event going on with LATA by visiting our website. I am working on finalizing the LATA Regional ad hoc Committee with the Executive Committee. We are working on the goals and objectives for each of the nine regions. I will be contacting some of you to ask that you serve as your respective Chair of your region. Get involved and let your voice be heard!!

The Secondary School Committee called a special meeting on Friday, July 15 to discuss the two new

Two New Bills Passed and signed into Law

Two legislative bills were introduced and passed in the recent legislative session affecting athletic trainers. SB 189, or the Louisiana Youth Concussion Act, was signed by Governor Jindal (Act 314). This new law mandates appropriate care of concussions by any healthcare professional. HB 364 was also passed providing a comprehensive sports injury management program for all high schools throughout the state. This bill was signed by Governor Jindal (Act 352) and went into effect on August 15, 2011. The secondary schools committee is currently spear heading an initiative with the LHSAA to assist BESE with the establishment of the rules pertaining to this law. Please see more details concerning this effort on page 4.

Future Hosts of Summer Clinical Symposium Decided

LATA will be heading to north Louisiana to host its Summer Symposium in 2012. University of Louisiana Monroe will be the host and is currently creating a program with some excellent speakers. AT the NATA convention, the LATA membership recently approved the 2013 host site of Ascension Parish Schools in Gonzales, LA to be chaired by Scott Arceneaux and Ronnie Harper.

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Profile of a Pioneer

If you know anyone who was integral in developing the LATA organization and would like to be interviewed for future issues, please contact J.D. Boudreaux at johndboudreaux@yahoo.com. Possible questions are listed below.

How long have you been an athletic trainer?

How did you get interested in athletic training?

What jobs have you held throughout your career?

Explain your past roles as a member of the LATA organization.

What rewards or honors have you received throughout your professional career?

What is the biggest milestone you have seen the athletic training profession reach?

What is the most important thing issue facing this profession in the next five years?

STUDENT SPOTLIGHT

This section is reserved for an interview with a high school or collegiate student athletic trainer. If you have a student that you would like to be spotlighted, please submit some information to johndboudreaux@yahoo.com for the next issue. Some possible questions are listed below.

- **What caused you to become interested in athletic training?**
- **What is the most interesting injury you have seen as a student athletic trainer?**
- **What is your dream job?**
- **What is your favorite class?**
- **What is the best part about being an athletic training student?**

Mullenix presents Disordered Eating at NATA Convention

Info obtained from www.lsusports.net

Article by: Ashley Amoss

Shelly Mullenix, senior associate athletic trainer at LSU, spoke at the 2011 NATA convention in New Orleans. Mullenix spoke on behalf of NATA on "Safe Weight Loss and Weight Maintenance Practices in Sport and Exercise." Mullenix discussed the importance of maintaining a healthy lifestyle while competing in collegiate athletics. She also discussed the importance of educating others, especially young athletes, on appropriate nutritional guidelines. Mullenix was joined by a former national champion LSU gymnast who shared her experiences of nutritional education at LSU assisting her to overcome obstacles in her career.

LATA Holds Informative Business Meeting at NATA Convention

LATA hosted a business meeting on June 20 at the NATA Convention. This meeting took on more of an informative nature than a true meeting format. The minutes from the 2010 Winter Business Meeting was approved unanimously. Other items discussed were legislative updates (HB 364 and SB 189), website changes, creation of an ad-hoc committee to improve statewide communication, the location of the 2013 summer symposium, and the 2011 winter business meeting location. Announcements were also made about the recent dues changes enacted by NATA and an update on the 2012 Summer Symposium hosted in Monroe. Once complete, the minutes from the summer business meeting will be posted on the new website for review. Approval of these minutes will be voted on at the Winter Business Meeting.

Letter from the President

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laws, Youth Concussion Act and the Comprehensive Sports Injury Management Program. Be sure to visit the website for more information on the outcome of this meeting.

Finally, the Executive Committee will be holding another special meeting again this year. We have a lot of events which have occurred and have some unfinished business to discuss. We will be discussing the agenda and content of our **Winter Business Meeting** which will be on **December 10, 2011**. (We will finalize the location and agenda at a later date.)

Please let me know if the LATA can help you further. Best of Luck this season!!

Gerard White,

LATA PRESIDENT

LATA Hosts Social to Honor Award Winners

LATA hosted its annual awards ceremony at the NATA convention on June 22, 2011 at the Le Pavillon Hotel. Maggie Brakeville (Benton High School) won the Gordon Reynolds High School Scholarship and Nicole Phegley (Southeastern Louisiana University) won the Eugene Christmas Memorial Scholarship in the college division. The Bubba Porche Memorial Award went to Mary-Paige Johnson (Loyola College Prep) and Phegley (Southeastern Louisiana University) honoring an outstanding student athletic trainer throughout Louisiana from the high school and college divisions. Along with the student awards, the association also recognized the Charlie Martin Service Award recipients, SEATA and NATA award recipients from Louisiana, and past members inducted into the Louisiana Hall of Fame.

COMMITTEE UPDATES

GOVERNMENTAL AFFAIRS

CONTACT: B.J. DUPLANTIS

Gerard White and B.J. Duplantis attended the Athletic Training regulatory conference put on by the BOC in Omaha on July 8-9. The conference was attended by athletic trainers from around the country. It was a great experience. It helped give LATA some direction on the future of athletic training and how to get laws, practice acts, and bills passed. If you would like to join this committee, please attend committee meeting at Winter Business Meeting.

HALL OF FAME

CONTACT: BOB GOODWIN

No updates on this committee currently.

ORGANIZATIONAL AFFAIRS

CONTACT: CARY BERTHELOT

No updates on this committee currently. If you would like to join this committee, please attend committee meeting at Winter Business Meeting.

EDUCATION

CONTACT: WILL KELLER

This committee is currently working on the agenda for the Winter and Summer Symposium. If you would like to join this committee, please attend committee meeting at Winter Business Meeting.

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Cochran Re-elected as LATA Treasurer

Scott Cochran was re-elected as treasurer for LATA. Mr. Cochran won an election held online and will be beginning his second consecutive term in this Executive Committee position. The duties of the treasurer as stated in the By-Laws include collecting all dues from the entire membership on a yearly basis, making a financial report for the membership of the Association to be presented at the bi-annual business meetings, and be the standing committee chairman of the Financial Affairs Committee. The treasurer is also responsible to assist the secretary in planning the summer symposium (along with the host athletic trainer and Education Committee) and responsible for the setup and running of the symposium registration. Lastly, the treasurer shall be in charge (along with the secretary) of all arrangements for the Association's general business and executive meeting held at the summer symposium, and perform other duties as assigned by the President. Congratulations to Scott on his second term as treasurer.

New Website Available to Members

The new website is up and running with many new and useful features. Please visit the website and register as a member as this will allow LATA to disseminate important information throughout the state. To register, visit www.latainc.org and click on forgot password on the home page. After typing in your email address, you will receive an email with instructions on how to register. If any problems arise, please contact Gerard White at latapresident@gmail.com

Secondary School Committee Host Recent Meeting in Baton Rouge

Submitted by: Alex Dibbley

LATA Secondary School Committee held an open forum on Friday, July 15th, 2011 for all high school athletic trainers which was hosted on LSU's campus. Approximately 25 athletic trainers were either in attendance on-site or via a web broadcast over the internet. This was the first meeting of this type conducted by LATA, which allowed for the members to log-in on the internet and were able to interact with the group by asking questions or even answering some questions by the group. Members of the LHSAA Sports Medicine Advisory Committee, including Dr. Greg Stewart (Chair) from Tulane participated in the discussions and provided a broader perspective.

The purpose of the meeting was to discuss issues of planning and implementation of Act 352 (Comprehensive Sports Injury Management Program) and Act 314 (Youth Concussion Act) which were signed into law earlier this month. Following the open meeting, the Secondary School Committee members did meet with the task to narrow the focus of all concerned athletic trainers regarding the new laws. The recommendations of the Secondary School Committee will be submitted for review by the LHSAA Sports Medicine Advisory Committee and the BESE board. Stay tuned for further developments as these laws get implemented in stepwise fashion over time.

CALENDAR OF EVENTS

LATA WINTER BUSINESS MEETING

PLACE: TBA

DATE: DECEMBER 10, 2011

HOST: TULANE INSTITUTE OF SPORTS MEDICINE

LATA 2012 SUMMER SYMPOSIUM

PLACE: MONROE, LA

DATE: JUNE 7-9, 2012

HOST: UNIVERSITY OF LOUISIANA - MONROE

If anyone has an event to be placed on the calendar for future issues, please email the event, date, place, and time to johnboudreaux@yahoo.com so we can include the event on the list.

Lake Area Athletic Trainers' Association Hosts Summer Workshop

The Lake Area Athletic Trainers' Association hosted its tenth annual summer workshop for high schools students in Lake Charles, LA on June 12-14. Over 80 students from Louisiana and Texas participated in the three day workshop that had four different levels concentrating on various topics in athletic training and sports medicine. The workshop participants and staff also collected over \$350 to donate to the Alabama relief fund to assist ATEP students who were adversely affected by the recent tornadoes.

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FINANCE

CONTACT: SCOTT COCHRAN

No updates on this committee currently. If you would like to join this committee, please attend committee meeting at Winter Business Meeting.

RESEARCH AND DEVELOPMENT

CONTACT: MIKE BRUNET

No updates on this committee currently. If you would like to join this committee, please attend committee meeting at Winter Business Meeting.

PUBLIC RELATIONS

CONTACT: J.D. BOUDREAUX

The goal of our committee is to try to release two to three issues of Lagniappe per year. If you would like to share any information with the members of LATA, please submit it to johnboudreaux@yahoo.com. We have a Facebook group for LATA. Please encourage other athletic trainers to become members. We are also encouraging all members to register on the new website, as this will be a convenient way to disseminate information throughout LATA.